

El Triunfo

(Argentina)

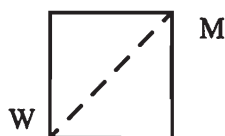
El Triunfo is danced widely throughout the country although it is of southern origin. It has been very popular since 1835. The name "triumph" relates to the battles for emancipation. This is a one-couple dance.

Pronunciation: ehl tree-OON-foh

Cassette: Danzas Argentinas #1

6/8 meter

Formation: Ptrs face each other in a line going diagonally across an imaginary square.



Steps and Styling: See glossary for description.

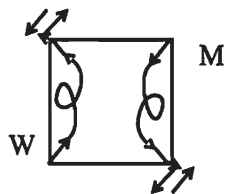
Meas

Pattern

6meas INTRODUCTION Stand in place clapping hands ("palmas") to the rhythm of the music.

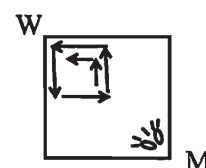
I. FIRST ESQUINA DE BALANCEO CON AVANCE

- 1-2 Beg on L, dance 1 Basic step (2 meas) with arms rounded and held diag fwd high, hands at approx eye level (Basic arm pos). M and W travel CW to next corner of the imaginary square, turning 360° CCW along the way. Fingers snap to the rhythm of the music.
- 3 In new corner, starting L, 1 pas de bas.
- 4 Repeat meas 3 with opp ftwk and direction.
- 5-16 Repeat meas 1-4 three times, traveling to new corner each 4 meas. Reach starting pos at end.



II. ZAPATEO Y ZARANDEO

- 1-6 W: Basic step beg L, L hand on waist and R hand holding skirt, describe 1 1/2 diamond shape starting diag back L and making 1 side of the diamond with each meas. R arm moves skirt to L side on meas 1 across body; to R side on meas 2; stay on R side on meas 3; to L across body on meas 4; to R side on meas 5-6.
- M: With L hand in buckle of belt and R arm hanging at side, M performs stamping steps (Zapateo) backing into and finishing in place. Use Bonito.



El Triunfo—continued

III. 2ND ESQUINO DE BALANCEO CON AVANCE

1-6 Repeat Fig I from the new pos.

IV. ZAPATEO Y ZARANDEO

1-6 Repeat Fig II from the new pos.

V. 3RD ESQUINO DE BALANCEO CON AVANCE

1-6 Repeat Fig I from the new pos.

VI. ZAPATEO Y ZARANDEO

1-6 Repeat Fig II from the new pos.

VII. 4TH ESQUINO DE BALANCEO CON AVANCE

1-6 Repeat Fig I from the new pos.

VIII. ZAPATEO Y ZARANDEO

1-6 Repeat Fig II from the new pos, ending in starting pos.

VI. AIRA—MEDIA VUELTA—1/2 CCW CIRCLE

1-4 Beg with L, dance 2 Basic steps with Basic arm pos, describing a 1/2 CCW circle, ending in opp pos.

VII. GIRO FINAL—FINAL SMALL CIRCLE

1-2 One Basic step beg R, arms in Basic pos, M and W describe 1/2 small circle, meeting in ctr of square and passing back to back.

3 Pivot 180° CCW on L to face ptr (ct 1); step on R twd ptr (ct 2); point L ft back (ct 3); hold (cts 4-6). Arms are in Basic arm pos.



Repeat all ten figures of the dance from the opp pos. During the repeat of the 6-meas intro, M walks W back to her place, then returns to his.

Presented by Nora Dinzelbacher